

Monday in Lent II

Reading: By act, not less forcibly than word, did Gertrude manifest the humility of her heart. “Abbess of the monastery for forty years,” writes one of her companions, “she was most faithful in her attentions to the infirm, recreating with them as a mother with her children, and never hesitating to perform the lowest and most menial offices for them. She was first to sweep the house; and for a long time, this part of the manual work she did entirely, until the example of her humility had vanquished the repugnance of the Sisters to share it.”

Thought: Do I take initiative when it comes to the unpleasant chores around the house? Or do I wait to see if someone else will volunteer first?

Resolution: I will do the work that no one likes to do...and without complaining either internally or externally.

Tuesday in Lent II

Reading: Gertrude wished to please the most innocent Heart of Jesus; and she took great pains to preserve the lily of virginity in all its whiteness and fragrance. Those who were best acquainted with her, attest that she never looked upon a man’s face, so that by the countenance alone she could never have recognized even those who visited her most frequently.

Examination: Do I allow my eyes to wander? Do I find it difficult to discipline my eyes? Do I allow myself to look at things forbidden by God’s Commandments?

Resolution: I will practice a modest custody of the eyes today. I will not watch TV or look at social media today.

Wednesday in Lent II

Reading: “Each time that the Sister recited any words referring to the chastity of the Blessed Virgin, such as these: *‘Domus pudici pectoris; clausa parentis viscera,’* etc., all the Saints rose up, and revered her as their Queen and Mistress, returning most fervent thanks to God for all the favors which He had granted to men through her. The Archangel Gabriel appeared also as if arrayed in a new brilliancy each time that the Annunciation was mentioned, which was effected by his ministry; and at the name of St. Joseph, the spouse of the Virgin Mother, all the Saints made a profound inclination to him, testifying, by the serenity and sweetness of their looks, that they rejoiced with him for exalted dignity.”

– *The Life and Revelations of St. Gertrude*

Resolution: I will offer one extra decade of the Rosary in honor of St. Joseph.

Thursday in Lent II

Reading: One day St. Gertrude offered a painful duty to the Eternal Father, saying: “Lord, I offer Thee this action through Thy

only Son, in the power of the Holy Ghost, for Thy eternal glory.” And it was made known to her that this intention gave an extraordinary value and price to her work, and elevated it above a mere human action; and that this offering was very agreeable to God the Father. And even as objects appear green when seen through green glass, or red when seen through red glass, so all that is offered to the Eternal Father through His only Son becomes most pleasing and acceptable to Him.

Resolution: To offer any disagreeable duty to God using St. Gertrude’s words: “Lord, I offer Thee this action through Thy only Son, in the power of the Holy Ghost, for Thy eternal glory.” If you cannot remember the prayer, simply say: “All for Thee, Jesus.”

Friday in Lent II

The Holy Shroud

Meditation: Our Lord said to St. Gertrude: “It would be useful for men to know the advantage they will derive from remembering constantly that I, the Son of the Virgin, stand always before God the Father, so that if they should, through human weakness, commit a sin, I offer God My spotless Heart for them; if they sin again, I offer God My spotless Heart for them; if they sin again, I offer Him My pierced hands; and it is the same for all the other sins they commit; My innocence appeases the Father’s anger. If they remember this, they will repent and without difficulty obtain forgiveness. For this reason I desire that My elect, when they have had their sins

forgiven, should render Me continual thanksgiving because they have been so easily heard.”

Prayer: O Lord Jesus, compassionate Pelican, Who hast cleansed us unclean in Thine own Blood, I give Thee thanks for the sweet and adorable Wound of love which Thou didst receive on the cross, when Thine all-conquering love opened Thy sweet-flowing Side, and wounded Thy most sacred Heart with an arrow of love. Blessed forever be that life-giving stroke and that most hallowed Wound; and blessed be the adorable Blood, and the water of salvation which gushed forth from it, to wash away all our sins! Wash me, unclean, O compassionate Jesus, in that cleansing water; anoint my feeble soul, and quicken it with that sacred Blood; and grant that at my last hour my portion and heritage may be but one drop of that divine stream. O most loving Jesus, by Thy pierced Heart, I pray Thee, wound my heart with that arrow of love; so that nothing of earth may abide in it more, but that it be filled with Thy glowing love alone forever. Amen.

Saturday in Lent II

Reading: Gertrude celebrated Our Lady’s festivals with a joyful heart, and on these days expected special favors from her beloved Mother. Mary herself more than once condescended to associate the humble virgin with her in the joys of her Divine Maternity. From Christmas to Candlemas, Gertrude received so many tokens of love from the

Divine Child and His Blessed Mother that without supernatural aid her heart could scarcely have borne the excess of love and grace.

Resolution: To spend fifteen minutes in meditation on a mystery of the Rosary; to recite five decades of the Rosary; and to receive Holy Communion in reparation for the offenses committed against Our Lady.

Third Sunday of Lent

“Brethren, be ye followers of God, as most dear children; and walk in love, as Christ also hath loved us...” – Today’s Epistle

Reading: The human heart is like a fire beneath a furnace. A perpetual fuel is necessary to keep it burning, a constant draught must always fan it. Gertrude understood this law of love. For this reason she had constant recourse to the Sacred Heart, this divine fire of charity, in order to draw from it new fervor, and on her side she made continual efforts to love more.

Resolution: I will ask the Sacred Heart each day to increase my love for Him, since at the end of our life we will all be judged on charity.

Prayer: Heart of Jesus, burning with love of us, inflame our hearts with love of Thee.
(1 time)

Sweet Heart of Jesus, be my love; Sweet Heart of Mary, be my salvation. *(3 times)*

Lent with St. Gertrude the Great



Daily Thoughts and Prayers Lent 2026

Daily short morning offering for Lent:
“Lord, I offer Thee my actions through Thy only Son, in the power of the Holy Ghost, for Thy eternal glory.” – St. Gertrude